WELCOME TO Women's Health Check the program that offers free mammograms and Pap tests to women who qualify.

Why it is so important to be tested?

Every woman is at risk for breast and cervical cancer and the risk increases as you get older, but it is easier to cure when found early. That's why having annual mammograms and regular Pap tests is an important part of keeping yourself well and feeling more secure about your health.

What does Women's Health Check include?

- An annual mammogram
- A clinical breast exam
- A Pap test and a pelvic exam
- Follow up tests, if needed

What is a mammogram?

A mammogram is an x-ray picture of the inside of the breast. It only takes a few seconds. A doctor will look at the picture to make sure that there are no problems with the breast.

MANY CHANGES IN THE BREAST ARE NOT CANCER.
CHECK WITH YOUR DOCTOR TO BE SURE.
BE SECURE, BE SURE.

What is a Pap test?

A Pap test is when a doctor or nurse takes a few cells from the cervix. A lab will check these cells to make sure they are healthy. Some women who have had a hysterectomy still need a Pap test. Ask your doctor to be sure.

CERVICAL CANCER CAN BE PREVENTED.
BE SECURE, BE SURE.

Why should I do it?

Most mammograms and Pap tests are normal. However, any problems found are much easier to cure when discovered early. Changes in the cervix can be found even before cancer develops. That's why it is important not to wait to be tested — it could save your life.

What if something is found on my screening test?

If something is found, Women's Health Check will work with you to provide needed services. Most women with no health insurance who are found to have breast or cervical cancer through Women's Health Check will be enrolled for cancer treatment through Medicaid.

Do you or someone you know qualify for Women's Health Check?

Dial 2-1-1

Idaho CareLine
for a referral in your area

Women's Health Check

BE SECURE, BE SURE

How do I know if I qualify?

Women's Health Check is for women who:

1. do not have health insurance that covers mammograms or Pap tests (this includes Medicaid);

2. do not have income above that shown in the following chart; and

Family Size	Yearly Income	Monthly Income
1 person	$19,140	$1,595
2 people	$25,660	$2,138
3 people	$32,180	$2,682
4 people	$38,700	$3,225
For each additional person add:	$ 6,520	$543

3. are one of the following:

- Age 50-64;
- Age 30-49 and have not had a Pap test in 5 years or longer, or have never had a Pap test;
- Age 65 or older and is NOT eligible for Medicare, or does not have Medicare Part B.

I think I may qualify for free screening. Where can I call to find out for sure?

Dial 2-1-1 Idaho CareLine. A representative will connect you with a Women's Health Check provider in your area. The provider will let you know if you qualify and, if you do, help to schedule your appointment.

Women's Health Check

To learn more about

free breast and cervical

health exams

Dial 2-1-1

Idaho CareLine
or visit our web site:

www.healthandwelfare

.idaho.gov/

Click on Women's Health Check

BE SECURE, BE SURE

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HEALTH & WELFARE

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A Special Invitation

Women's Health Check